



Ihr Aerobicstudio in Ettingen
Brühlstrasse 11, Telefon: 061 721 04 33

MONTAG 20.06.22	DIENSTAG 21.06.22	MITTWOCH 22.06.22	DONNERSTAG 23.06.22	FREITAG 24.06.22	SAMSTAG 25.06.22
	08.00 - 08.55 Antara				
08.45 - 09.40 BBP	09.15 - 10.00 Power Tone	08.45 - 09.40 Dance Aerobic	08.45 - 09.40 BBP	08.45 - 09.45 Muscle Work	
10.00 - 10.55 Pilates		10.00 - 10.55 Toning	10.00 - 10.55 Power Tone	10.00 - 10.55 Yoga	
18.15 - 18.45 Power Rücken	17.45 - 18.40 Pilates	18.00 - 18.45 Rebounding	17.45 - 18.40 Yoga	18.30 - 19.15 Power Tone	
19.00 - 19.55 Fitboxen	19.00 - 19.55 BBP	19.00 - 19.55 Fitboxen	19.00 - 19.50 Piloxing Knockout		
20.05 - 21.00 Antara		20.05 - 21.00 Pilates	20.00 - 21.00 Muscle Work	Gültig vom 20.06.22 - 25.06.22	